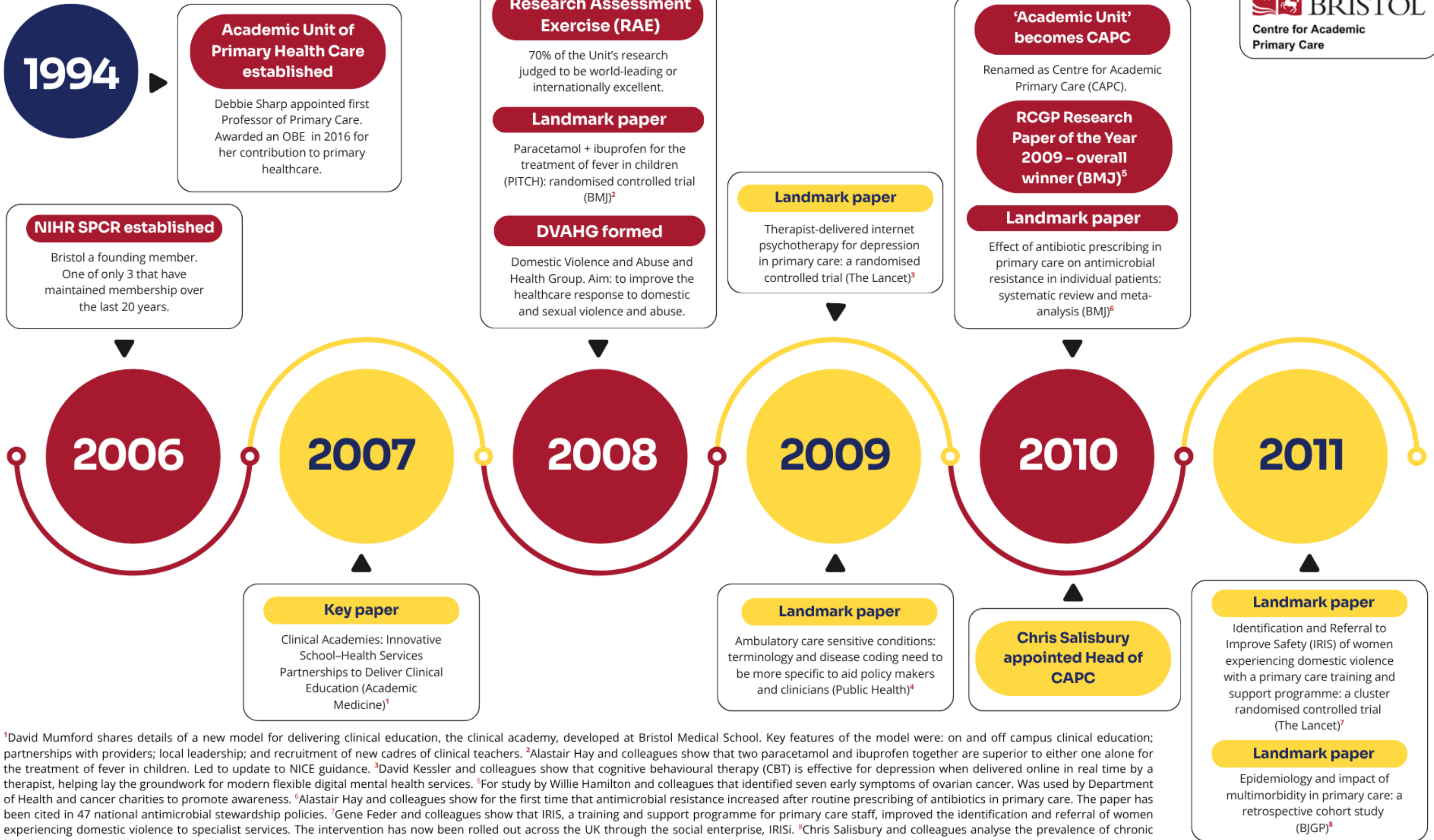


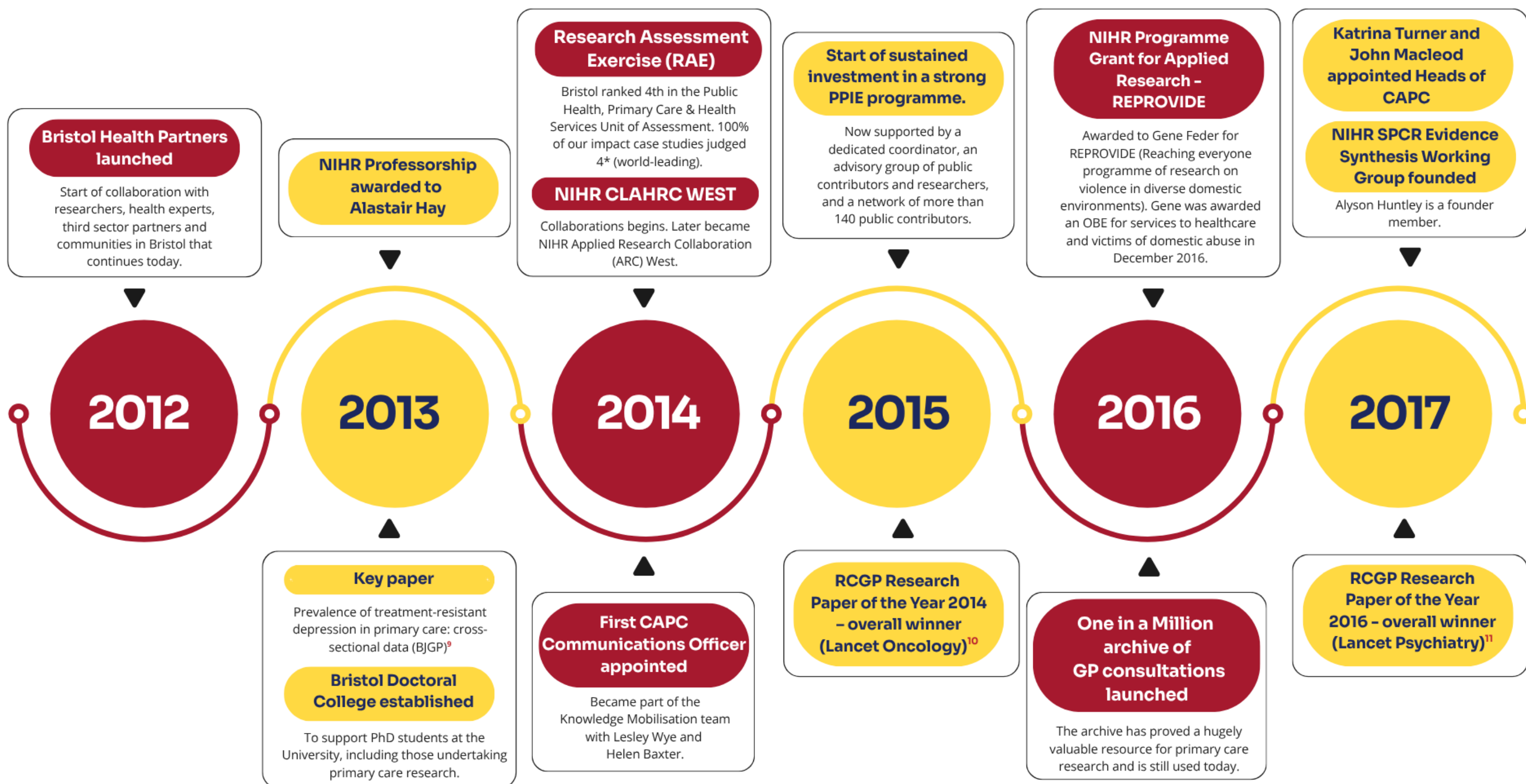
20 years of the Centre for Academic Primary Care (CAPC)



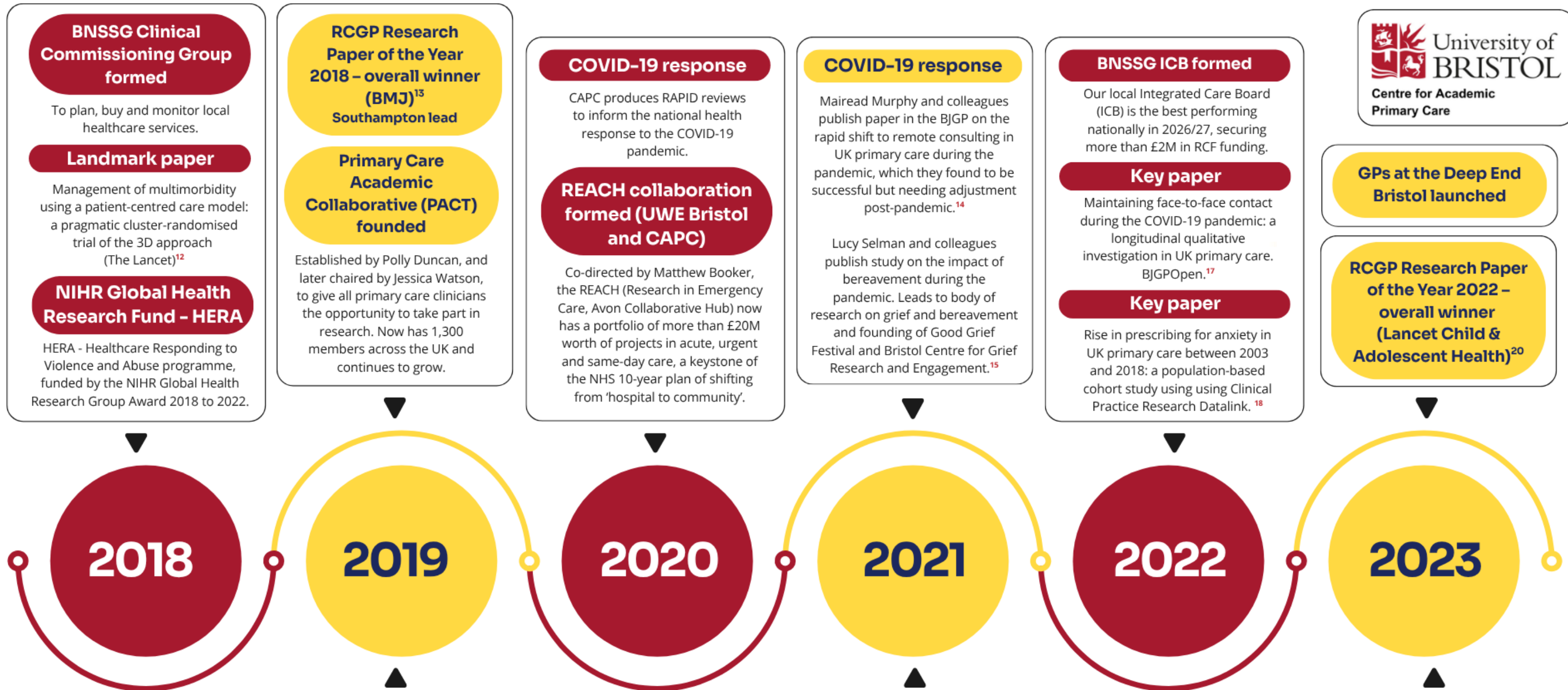
¹David Mumford shares details of a new model for delivering clinical education, the clinical academy, developed at Bristol Medical School. Key features of the model were: on and off campus clinical education; partnerships with providers; local leadership; and recruitment of new cadres of clinical teachers. ²Alastair Hay and colleagues show that two paracetamol and ibuprofen together are superior to either one alone for the treatment of fever in children. Led to update to NICE guidance. ³David Kessler and colleagues show that cognitive behavioural therapy (CBT) is effective for depression when delivered online in real time by a therapist, helping lay the groundwork for modern flexible digital mental health services. ⁴For study by Willie Hamilton and colleagues that identified seven early symptoms of ovarian cancer. Was used by Department of Health and cancer charities to promote awareness. ⁵Alastair Hay and colleagues show for the first time that antimicrobial resistance increased after routine prescribing of antibiotics in primary care. The paper has been cited in 47 national antimicrobial stewardship policies. ⁶Alastair Hay and colleagues show for the first time that antimicrobial resistance increased after routine prescribing of antibiotics in primary care. The paper has been cited in 47 national antimicrobial stewardship policies. ⁷Gene Feder and colleagues show that IRIS, a training and support programme for primary care staff, improved the identification and referral of women experiencing domestic violence to specialist services. The intervention has now been rolled out across the UK through the social enterprise, IRISi. ⁸Chris Salisbury and colleagues analyse the prevalence of chronic health conditions and their burden on the healthcare system. The findings have marked a shift away from disease-focused silos toward holistic, person-centred care models.

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⁹Laura Thomas and colleagues show that there is a high prevalence of treatment-resistant depression in primary care. Has informed later research on depression and its treatment. ¹⁰For study by Jon Banks and colleagues on patients' preferences for cancer investigation, which found that 87% of people would opt for investigation even for symptoms with a risk of cancer as low as 1%. ¹¹Nicola Wiles and colleagues for the CoBaT study, which found that CBT delivered alongside antidepressants is both clinically- and cost-effective over the long-term for patients whose depression has not responded to drug therapy alone. Informed the NHS Improving Access to Psychological Therapies (IAPT)



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¹²Chris Salisbury and colleagues report on the results of the largest ever trial of an intervention designed to improve quality of life for patients with multimorbidity (3D study). While the primary outcome was negative, patient satisfaction with care was improved.

¹³For the BATHE trial, which found that adding emollients to water provides no clinically meaningful benefit for children with eczema alongside standard treatment. ¹⁴Mairead Murphy and colleagues publish paper in the BJGP on the rapid shift to remote consulting in UK primary care during the pandemic, which they found to be successful but needing adjustment post-pandemic. ¹⁵Lucy Selman and colleagues publish study on the impact of bereavement during the pandemic. Leads to body of research on grief and bereavement and founding of Good Grief Festival and Bristol Centre for Grief Research and Engagement. ¹⁶For an evaluation of the IRIS training and support programme to improve the healthcare response to domestic violence and abuse in the UK. ¹⁷Andrew Turner and colleagues found that GP practices responded rapidly and creatively to lockdown restrictions. ¹⁸Charlotte Archer and colleagues show that there has been a big increase in anxiety prescribing, particularly among young adults. Has raised awareness and debate among health professionals and the wider community. ¹⁹For the ARTIC-PC trial, which concluded that, unless pneumonia is suspected, clinicians should provide safety-netting advice but not prescribe antibiotics for most children presenting with chest infections. ²⁰For the BEE trial, which found no difference in the effectiveness of 4 types of emollient (moisturiser) for eczema in children. Has influenced NHS prescribing formularies in England. ²¹Helen McGweown and colleagues show that co-production principles are highly suitable when developing trauma-informed services. ²²Jessica Watson and colleagues show that Inflammatory markers have poor sensitivity and should not be used as a rule-out test. False-positive results are common and lead to increased rates of follow-on GP consultations, tests and referrals. Follow-on change in practice in the BNSSG area has led to cost and time-savings.

Research Excellence Framework (REF)

94% of University of Bristol submissions in the Public Health, Health Services & Primary Care rated as world leading (4*) or internationally excellent (3*).

RCGP Research Paper of the Year 2020 – overall winner (BMC Medicine)¹⁶ with Queen Mary, University of London

RCGP Research Paper of the Year 2021 – overall winner (The Lancet)¹⁹ Southampton lead

Key paper

Trauma-informed co-production: Collaborating and combining expertise to improve access to primary care with women with complex needs. (Health Expectations)²¹

Key paper

Added value and cascade effects of inflammatory marker tests in UK primary care: a cohort study from the Clinical Practice Research Datalink (BJGP)²²

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RCGP Research Paper of the Year 2023 – overall winner (The Lancet)²³
Southampton & Leeds leads

Centre for Applied Skin and Allergy Research launched

Funded by Matthew Ridd's NIHR Research Professorship award.

NIHR Programme Grant award for IRIS+

Eszter Szilassy awarded £2.3M to expand the clinical response to domestic abuse to men and children and young people.

NIHR Primary Care Commercial Research Delivery Centres launched

NIHR announces funding for 14 new PC-CRDCs through a public-private partnership. Two west country GP practices funded.

Launch of the Bristol Centre for Grief Research and Engagement

Lucy Selman co-founded this new Centre to help change public attitudes towards grief & create communities that are compassionate to the bereaved. A course for GPs on supporting bereaved patients launched in 2026.

Bristol part of new £50M consortium to tackle inequalities in heart disease

Rachel Johnson Bristol lead.

NIHR Research Leaders Prizes

Awarded to Ashley Hammond and Sam Creavin.

NIHR SPCR Outstanding Contribution to Public and Community Involvement Awards

Multiple awards for CAPC researchers, teams and partner Caafi Health.

Rachel Johnson & Jessica Watson appointed Heads of CAPC

2024

2025

2026

2027

2028

2029

Common Ambition Bristol – Patient Experience Network Award

For commissioning patient experience. CAB is a community-led project (Jeremy Horwood PI). The project, which has increased HIV testing among people of African and Caribbean heritage in Bristol, has also received a HSJ Partnership Award.

BRIGHT group formed

Rebranding of the DVAHG to Bristol Research on the Intersection of Gender, Health & Trauma (BRIGHT). New foci on different populations, trauma-informed healthcare (Natalia Lewis) & NHS workforce experiences of DVA (Sandi Dheensa).

Launch of trial to tackle street benzodiazepine use & drug-related deaths

Matt Hickman and Jenny Scott lead on this England/Scotland collaboration.

Key paper

Rapid respiratory microbiological point-of-care testing and antibiotic use in primary care (JAMA Internal Medicine)²⁴

Key paper

Development and implementation of a pharmacy PrEP awareness-raising & referral pathway: acceptability & feasibility of a UK pilot (BMJ STIs)²⁵

CAPC film launched

²³For the ATLANTIS trial which found that amitriptyline at low dose helps people with irritable bowel syndrome (IBS). ²⁴Alastair Hay and colleagues find in an RCT that rapid microbiological point-of-care tests do not overall reduce antibiotic prescribing in primary care. ²⁵China Harrison and colleagues show that community pharmacies are a promising site for expanding access to HIV Pre-Exposure Prophylaxis (PrEP).